

WHAT TO BRING LIST

St. George Retreat

- Sleeping bag and pillow
- Sleeping pad
- Clothing for warm days and cool nights
 - *Remember that this is a church camp – please dress accordingly (no clothing with alcohol or drug advertisements, vulgarities, etc.)
- Sturdy hiking shoes
- Rain jacket
- Warm jacket (nights can be cool)
- Bathing suit
- Bath towel
- Toilet articles (toothbrush, deodorant, etc.) – there will be an opportunity to shower on Saturday at the swimming pool
- Sunscreen & lip protection
- Water bottle
- CASH for dinner on Friday drive down (fast food – less than \$10)
- Extra dry shoes and socks

OPTIONAL

- Hat
- Sunglasses, insect repellent, etc.
- Camera and film
- Cash for snacks on the car ride down
- Flashlight

PLEASE DO NOT BRING KNIVES, FIREWORKS, ILLEGAL DRUGS, ALCOHOL, OR CIGARETTES, AS THEY ARE NON-NEGOTIABLE AND WILL RESULT IN A TRIP HOME.

If you bring a cell phone, it **MUST** be kept **OFF**, in your bag, and used **FOR EMERGENCIES ONLY**, or it will be taken away. Hand-held video games or other personal electronic devices may be used **ONLY** during the drive down and back and put away at all other times.

The Diocese is not responsible for lost, stolen, or damaged items, so please pack carefully. Thank you.